

overwhelmed

brave

scared

lonely

anxious

sad

worried



confused

uncertain

hopeful

frustrated

tired

jealous

shy

loved



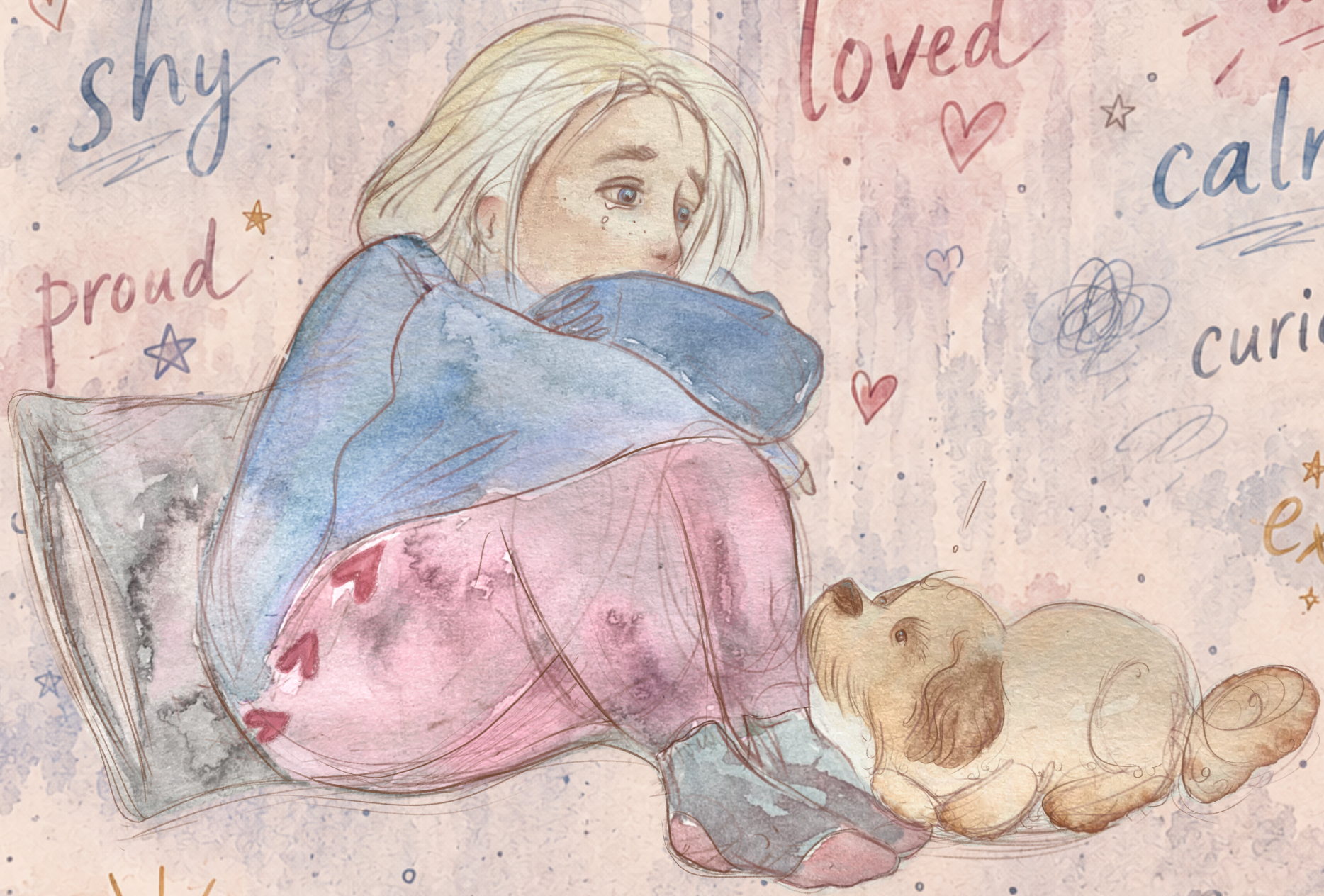
angry

calm

proud

curious

excited



happy

ready

safe

dreamy

It's okay to feel all of these.

You are allowed to feel what you feel.